

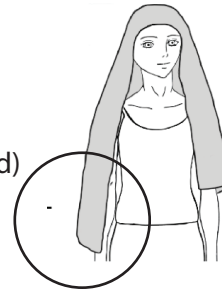
## Information Sheet - Scarf Tying

### 1. *Optional* -

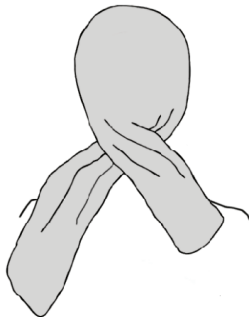
Place adjustable band, with foam section attached on the line of your natural hair line over your ears and down the nape of your neck, closing at the back. The band should be firm but not tight.



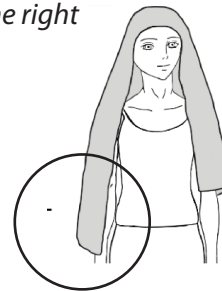
2. Place scarf over the band  
(or directly on the head if your not using the adjustable grip band)



**Stretch scarf** should be approximately 15cm below the left shoulder and near the waistline on the right



3. Cross both ends over at the back.  
Longest under the shortest is best



**Scarf Sarong** left side approximately to the elbow

4. Gently twist longest end of scarf (this should now be on your left) and place over the crown of your head. Tie on the right hand side to the shorter end of the scarf



Washing and care  
Warm wash separately.  
Do not bleach or tumble dry.  
dry away from direct heat.

### **Please Note:**

This is not a sun protection device.  
Please remember to protect your scalp against the sun and ask your doctor for a recommended sun block suitable to your skin